

Safe Fit School Meeting – Agenda

October 11, 2016

Teacher's Work Room 3:30 PM

- Call to Order
- Minutes from last meeting
- Discuss any changes in our school from last meeting
- Discuss any new things we need in our school for this year
- Discuss Suicide Prevention Programs to implement in our school
- Assessment of current Wellness Plan
- Counseling schedule and programs
- New Business
- Adjourn

Safe School/ Healthy- Fit School Committee Members Present:

1. Joy Botts Teacher/Chairperson
2. Holly Light Parent
3. Sarah Boyer Parent
4. LeaAnn Hobbs Teacher
5. Amanda Stinett PE Teacher
6. Clay Smith Student
7. Chloe Smith Student
8. Barbara Regier Administrator
9. Kay Gilchrist Counselor

Minutes Safe School and Healthy and Fit School Meeting: **October 11, 2016**

The 2016-17 Safe School /Healthy-Fit Kids meeting was held in the DCLA Elementary Teacher's Lounge on October 11, 2016. Those in attendance were LeaAnn Hobbs (teacher), Joy Botts (teacher-Chairperson), Amanda Stinnett (PE Teacher), Holly Light (parent) Sarah Boyer (parent) Kay Gilchrist (counselor), Chloe Smith (student), Clay Smith (student), and Barbara Regier (Administrator).

Minutes from the 2015-16 meeting were read. Suggestions from last year were reviewed and assessed to determine if the items had been implemented and how successful they were. Last year we added a salad bar at the elementary to increase fresh fruits and vegetables. Students and staff have enjoyed the addition. Some new things that we have implemented since the last meeting are locking the classroom doors during school hours, drills are now called Security Drills and they are being done at varied times throughout the day. Due to loss of a position, we do not have an employee riding the shuttle bus this year. However, we will be getting new busses mid-year with security cameras on them to help with bus behavior. Last year we had Passport Health come to our school for vaccinations which was helpful. We have had one vaccination clinic so far this year with Passport Health, and we have had good participation with the Vaccination program coming to our school. Lastly, the 6th grade has completed a 4 hour CPR class.

New business that we discussed this meeting included:

Coach Stinnett has a donors choose project for new PE equipment including a tennis net, more soccer balls, and some new things for the students to do. She also explained some of the nutrition segments she has added in her PE curriculum. Teachers are encouraged to add myplate.gov into their instruction for nutrition and wellness to go along with her what she is doing in her class.

Wellness Policy - This policy will be reviewed, assessed and updated. We have added information that makes it more specific to our district such as the number of minutes of Physical Education that students receive per day instead of the recommended required minutes. Elementary students receive 2 ½ hours of physical education per week as opposed to the suggested 60 minutes a week. We will implement two new programs. Students and staff will have the opportunity to participate in "Walk and Talk" during recess. The program will be assessed by participation and opinions of the teachers and students. Students will also participate in the President's Physical fitness Challenge during PE class this year.

Mrs. Gilchrist talked about Suicide Prevention programs. Staff needs to be open to students and make sure that they know they can come to anyone in the building if they have a problem. Mrs. Gilchrist is also adding the topic to her counseling sessions that she schedules monthly. She also plans to incorporate careers, bullying, suicide, attitudes, and drugs all combined into her programs that she does with our students. She has implemented Lunch Buddies this year and that is going well. It gives her some one on one time with the students.

With no new business or concerns to discuss, the meeting was adjourned.